December

NorWest CHC - in Common Room

December Announcements Learn flow to Holiday Gathering Dec 15, 16, 18, 19 manage stress Come down for around the BINGO, Prizes, and Snack, and Fun! Hearing Clinic @ Assef Court

| holidays on the week of the 15th- 19th | |
|--|--|
| Hearing Clinic @ Spence Court 1-4pm on Dec 4th | |
| No Programming: Dec 25 th and 26 th | |

Join Us!

Time: 1:00-4:00pm

1-4pm on Dec 8th

Drop-in anytime

Light snacks and refreshments provided

| Sun | Mon | Tue | Wed | Thurs | Fri | Sat |
|-----|--|--|-----|---|---|-----|
| | 1 Assef Court Activity: Holiday Wrapped Decor | 2 McIvor Court Activity: Holiday Wrapped Decor | 3 | 4 Spence Court Hearing Clinic @ Spence Court 1-4pm | 5 <u>Trillium Way</u> Activity: Holiday Wrapped Decor | 6 |
| 7 | Hearing Clinic @ Assef Court 1-4pm | 9 Activity: Christmas Portrait Photoshoot | 10 | Activity: Christmas Portrait Photoshoot | Activity: Christmas Portrait Photoshoot | 13 |
| 14 | Holiday gathering BINGO, Prizes, and More | Holiday gathering BINGO, Prizes, and More | 17 | Holiday gathering BINGO, Prizes, and More | Holiday gathering BINGO, Prizes, and More | 20 |
| 21 | Activity: Christmas Crafting Workshop | 23 Activity: Christmas Crafting Workshop | 24 | 25 No Programming | 26 No Programming | 27 |
| 28 | Activity: December Wrap Up | Activity: December Wrap Up | 31 | | | |

For more information, please contact:

Reception: 807-622-8235 Ext: 2253





