



THE DISTRICT OF THUNDER BAY  
SOCIAL SERVICES ADMINISTRATION BOARD

# 97K Limbrick Resource Centre

## November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Fresh Fruit and Veggie Market 1-3 pm	2 Norwest Nurse Practitioners Walk In Clinic 1:00 to 3:30	3 On site Tenant Support Worker 766-4069 OW Worker call 621-2671	4 Norwest Nurse Practitioners Clinic 1-3:30 By appointment only 622-8235	5 Children and Youth group Ages 8-14 2:00 to 4:30 pm
6 Youth Inclusion Program ages 12-24 1-4pm	7	8 Fresh Fruit and Veggie Market 1-3 pm	9 Norwest Nurse Practitioners Walk In Clinic 1:00 to 3:30	10 Limbrick Community Kitchen Call Claudia 766-4069 to register- 9:30 to 12:00	11 Remembrance Day	12 Children and Youth group Ages 8-14 2:00 to 4:30 pm
13 Youth Inclusion Program ages 12-24 1-4pm	14	15 Fresh Fruit and Veggie Market 1-3 pm	16 Norwest Nurse Practitioners Walk In Clinic 1:00 to 3:30	17 On site Tenant Support Worker 766-4069 OW Worker call 621-2671	18 Norwest Flu Clinic 10:00am to 3:00pm	19 Children and Youth group Ages 8-14 2:00 to 4:30 pm
20 Youth Inclusion Program ages 12-24 1-4pm	21	22 Fresh Fruit and Veggie Market 1-3 pm	23 Norwest Nurse Practitioners Walk In Clinic 1:00 to 3:30	24 On site Tenant Support Worker 766-4069 OW Worker call 621-2671	25 Norwest Nurse Practitioners Clinic 1-3:30 By appointment only 622-8235	26 Children and Youth group Ages 8-14 2:00 to 4:30 pm
27 Youth Inclusion Program ages 12-24 1-4pm	28 Anishnawbe Mushkiki Afterschool Youth programming 4:00 to 5:30 pm	29 Fresh Fruit and Veggie Market 1-3 pm	30 Norwest Nurse Practitioners Walk In Clinic 1:00 to 3:30			

**Limbrick Community Kitchen-** Monthly Community Kitchen- for Limbrick residents held on the second Thursday of the month. **Registration is required.**

**Housing Tenant Support Worker.** Tenant Support Worker available to assist with Annual Reviews Claudia Tropea 766-4069

**Property Manager** Krista Zipper-766-4601

**Ontario Works** staff Nicole Beaupre available. Call 621-2671

**Norwest Nurse Practitioners Clinic-**

**Walk in Clinic** Wednesday 1- 3:30pm first come first serve

**By appt only** Fridays Call 622-8235

**Youth Inclusion Program, Recreation & Culture Division**

Youth Drop in (ages 12-24) Sundays

[www.youthinclusion@thunderbay.ca](mailto:www.youthinclusion@thunderbay.ca)

**Tuesday Fruit and Veggie Market**

Tuesdays from 1-3 pm Come by to pick up your weekly fruits and veggies at a reduced cost