



THE DISTRICT OF THUNDER BAY
SOCIAL SERVICES ADMINISTRATION BOARD



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Welcome, Spring!

Spring has sprung, and that means it's time to get outside.

As snow melts, trash and litter that has been hiding under snow all winter is starting to resurface. Many neighbourhoods have already started doing community clean-ups, and tenants with their own enclosed yards are encouraged to take a look at their spaces and clean up what they can.

For those looking to exercise their green thumbs, gardening is a great way to connect with the environment and find a moment to relax. Many TBDSSAB properties have community garden areas for tenants to get their hands dirty, but container gardening is also an option for those without access to a full garden.

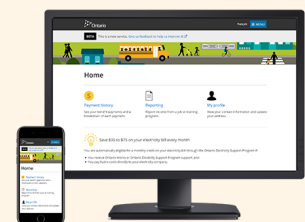
Have questions about gardening options where you live?
Please contact your Tenant Support Worker (see page 4)

MyBenefits

Did you know you can use MyBenefits to get your OW or ODSP info, report changes, & message your worker?

To sign up for MyBenefits, please visit:

mybenefits.mcass.gov.on.ca



Home Maintenance

Get your home ready for spring & summer!

Spring Cleaning Checklist

A fresh home feels great! Here are some ideas.

Kitchen:

- clean the sink
- clean counter & table
- wipe down all appliances
- clean stove & oven
- clean inside microwave

Bathroom:

- clean shower & toilet
- wipe down counter & mirror
- wash shower curtain
- wipe/dust fan cover

Living Room:

- wash blankets & pillows
- remove clutter

Bedroom:

- wash sheets & blankets
- remove clutter
- organize clothing

Whole house:

- sweep, mop, vacuum
- clean windows
- shake out rugs
- dust all surfaces
- wash window coverings



Lawn Care

Cutting the grass, picking up pet waste, and taking out the garbage are important tasks to do, especially in spring and summer. Keep up with them to avoid extra fees!

Need a lawn mower? Ontario Works recipients may be eligible for a lawn mower to help with yard maintenance. Contact your caseworker for details.



Pets & Care

Tenants should have someone responsible for pets if the tenant is away. Pets need to be leashed in common areas.



@tbdssab

Follow TBDSSAB on social media to get the latest updates about OW, Child Care, and Community Housing.

Resource Centre Programming

TBDSSAB has 3 Tenant Resource Centres that offer family-friendly programming close to home. Please see below for more information on what's available at your nearest centre.

Limbrick: 97K

Youth Inclusion Program, Roots to Harvest Community Food Market, Walk-In Clinics, TSW on-site, Technology Hub

Windsor: Unit 16

Kids in Community Kitchen, Community Kitchen, TSW & OW on-site, Emergency Food Cupboard, Pantry Meals Cooking Program, Baha'i Group, Technology Hub

Trillium: 14 Trillium Way

Outdoor Playgroup, TSW & OW on-site, Community Kitchen, Cooking with PYOWs, Pantry Meals Cooking Program, Technology Hub

Follow Healthy Kids Tbay & Our Kids Count for their program calendars!



DO YOU KNOW ABOUT: EarlyOn Programming

EarlyOn offers workshops, drop-in events and various programs and activities in our region and there are several locations.

All the programming is free, promotes play for children, and strives to be a welcoming place for parents and guardians.

Check out: keyon.ca/Events/ViewEvents to see the calendar. Make sure to choose our region and EarlyOn Centre near you!

Home & Apartment Reminders

As we get excited to enjoy the warmer weather, we want to remind tenants:

- Pools, trampolines, and firepits are not permitted.
- Payment must be submitted with Air Conditioning request forms
- Barbecues are not allowed on balconies.

Questions? Contact your Tenant Support Worker,

Welcomed Guest or Home Takeover? How to Tell..

Having friends or family members stay in your home for a visit should be enjoyable. Sometimes that can change. You may feel that you are no longer in control of your home, feel unsafe or worse. Here are some questions to ask yourself:

- Is my guest doing something that might get me in trouble with my landlord or with the police?
- Would my guest say 'No' if I asked them to leave? Do they ever make me feel unsafe?
- Does my guest stop me from coming and going from my home?
- Does my guest stay with me because they give me alcohol, food, money, or drugs?
- Does my guest owe me money, or pressure me to lend them money?
- Does my guest invite other people to my home without my permission?

If you answered 'YES' to any of these, you might be experiencing a home takeover—**Get help. Call someone you trust, your Tenant Support Worker, your landlord, Crime Stoppers, the Police or the OPP.**

Crime Stoppers

To submit an anonymous tip to Crime Stoppers—and possibly earn a cash reward—please contact:

1-800-222-8477

Submit Online:

www.p3tips.com/273





**THE DISTRICT OF THUNDER BAY
SOCIAL SERVICES ADMINISTRATION BOARD**

Main Switchboard: 807-766-2111

24/7 Maintenance: 807-766-4777

Housing Programs Staff Extensions

SPM = Supervisor Property Management
PMC = Property Management Clerk

North

SPM: Cristie Berman 807-766-4616

PMC: Kerri McCallum 807-766-4643

South

SPM: Jamie Petrin 807-766-4618

PMC: Josee Trelinski 807-766-4637

East

SPM: Tracy Belleville 807-766-4632

PMC: Angela Bach 807-766-4609

West

SPM: [Contact PMC for correct staff contact info](#)

PMC: Kiersten Lemire 807-766-4122

Central

SPM: Betty McConkey-Kennelly 807-766-4633

PMC: Andrea DeCicco 807-766-4608

Tenant Support Coordinators

Jackie Livingston 807-766-4640

Paula Marin 807-766-4621

Claudia Tropea 807-766-4069

Adam Lapointe 807-766-4208

Tammy Logan 807-766-4115

Address:

231 S. May Street
Thunder Bay, ON P7E 1B5

Regular Hours of Operation:

Monday to Friday
8:30 am to 4:30 pm

Key Cutting and Payments:

9:00 am to 4:00 pm

Scheduled Closures: Spring / Summer 2022

May 23: CLOSED

June 3: Closed 10am-1pm

July 1: CLOSED

August 1: CLOSED

September 5: CLOSED

For office hours at your nearest
TBDSSAB office, please visit our
website: www.tbdssab.ca

Feedback

Questions, comments, or ideas for this
newsletter can be sent to:

Communications@tbdssab.ca