



THE DISTRICT OF THUNDER BAY  
SOCIAL SERVICES ADMINISTRATION BOARD

## BED BUG FACT SHEET FOR TENANTS

### What Should My Landlord Do?

- ⇒ Your landlord is responsible for ensuring that homes are pest-free.
- ⇒ Your landlord should inspect your unit and then hire a professional pest control company to do a treatment.
- ⇒ Surrounding units should also be inspected and treated at the same time.

### Working with a Pest Contractor

- ⇒ Remember Bed Bugs spend most of their time in the dark - they come out to feed, then hide.
- ⇒ Over the counter sprays are not effective. Call TBDSSAB Housing Services at 807-766-2111.

### When working with a Pest Contractor, ensure they:

- ⇒ Remove mattresses when required and spray all wood/metal joints including headboard and footboard.
- ⇒ Spray under rugs, under the bed, behind window moldings, picture frames and around and behind the baseboards.
- ⇒ Spray all joints in the dresser including the individual drawers.
- ⇒ Use a powder product around electrical outlets and light switches (not spray liquid).



### What Should I Do?

- ⇒ **Don't Panic!** Bed Bugs are difficult to get rid of, but not impossible.
- ⇒ Contact your landlord immediately, preferably in writing. Cooperate with your landlord to prepare for treatment.
- ⇒ Follow the instructions on the checklist from the Pest Contractor. If you need help, call a community agency, your Property Management Officer or TBDSSAB Housing Services.
- ⇒ Mattresses don't always need to be thrown away.
- ⇒ Wash and dry all of your clothes and bedding and place them in a plastic bag until Bed Bugs are gone.



### How to Reduce the Risk

- ⇒ Be careful when accepting used furniture - don't bring used furniture in.
- ⇒ Reduce clutter - it will be easier to clean and more difficult for Bed Bugs to hide.
- ⇒ Use a mattress and box spring encasement - one designed for Bed Bug protection.
- ⇒ **Vacuum, vacuum, vacuum!**

